

USA Rugby Sports Medicine Symposium

This live program is designed to educate athletic trainers and other healthcare providers on rugby-specific and sports medicine related issues and topics.

The full course is 2 days in length and participants should be able to gain understanding and apply knowledge or techniques specific to each presentation.

As rugby is a relatively new sport in North America and is a recent addition to the Olympic Games, it is important that athletic trainers and other healthcare providers are educated on these topics.

- Athletic Trainers are not familiar with the medical rules and regulations specific to rugby.
- Athletic Trainers are not familiar with CTE
- Athletic Trainers are not familiar with concussion policy and management specific to rugby.
- Athletic Trainers are not familiar with MSK ultrasound
- Athletic Trainers not familiar with CBD use for athletes

The specific learning objectives of the course include:

- Identify and apply World Rugby Concussion Guidelines and Research
- Describe the HIA (Head Injury Assessment) and use of video review
- Describe psychological management techniques for concussed athletes
- Identify and apply Current Concepts in Concussion Management in the female athlete
- Describe Medical Care at the 2018 7s World Cup.
- Recognize the signs and symptoms of a subdural hematoma.
- Describe the function and use of MSK ultrasound for sports injuries.
- Describe ACL Reconstruction and return to play guidelines
- Describe Hip FAI in athletes and surgical and non-surgical options
- Describe CTE and current risk factors
- Describe the science of CBD and application in sport

We expect that attendees following the course will have improved proficiency in these areas related to rugby sports medicine and will ultimately provide better care.

The course will provide educational materials to all attendees including live presentations using AV and also handouts of each presentation in the form of a hard copy, flash drive or shared on the web.

The schedule and agenda of the course will be posted on the website: www.rugbysportsmedicine.com and will distributed at the course.